

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|--|---|--|--|--|--|--|--|--|
| 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – New Year’s Resolutions 11:00 – Let’s Do Bingo Shopping at the Country Store 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 3:00 – Worship with Pastor Jill/ SR 3:30 – Afternoon Stretch 4:00 – Table Games and More 6:30 – Evening Stroll or News Time | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Reading Corner 10:30 –Morning Word Search 11:00 – Stress Free Mondays 1:00 – Put feet up, relax to quiet music 2:00 –Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 – Brown Bag Bingo 3:30 – Creative Workshop/Card making 4:00 – January Fun Facts 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 –Current Events 11:00 –Spades or Table Games of Choice 1:00 – Put feet up, relax to quiet music 2:15 – Afternoon Coffee Break 3:00 – Reminiscing and Afternoon Stretch 3:30 – Color Collages 4:00 – Table Games and More 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Reading Corner 10:30 – Pet Therapy 11:00 –Wednesday Word Search 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 – Movies and Sweet and Salty Popcorn 4:00 – Wednesday Afternoon Bingo 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 11:00 – January Word Games 1:00 – Put feet up and relax to quiet Music 2:00 – Reminiscing with Coffee 2:30 – Finish That Phrase 3:00 – Afternoon Stretch to the Music 3:30 – Someday we’ll LAUGH about this? 4:00 – From Brush to Canvas 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 – How about Balloon Volleyball 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Puzzles and Pokeno 3:30 – Afternoon Stretch to the Music 3:30 –Happy Hour with Walker and Adams 4:30 – Shabbat/SRD 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Hand Massages and Reminiscing 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 2:30 – Afternoon Stretch to the Music 3:00 – Bingo Bash 3:30 – Saturday Word Search 4:00 – Table Games 6:30 – After Dinner Movie or TV News 6:30 – Evening Stroll | | |
| 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Puzzles 11:00 – Let’s Do Bingo Shopping at the Country Store 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 3:00 – Worship with Loyd Chumbley/ SR 3:30 – Afternoon Stretch 4:00 – Table Games and More 6:30 – Evening Stroll or News Time | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Reading Corner 10:30 –Morning Word Search 11:00 – Stress Free Mondays 1:00 – Put feet up, relax to quiet music 2:00 –Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 – Darts and Bowling 3:30 – Creative Workshop/Confetti Flowers 4:00 – Balloon Volleyball 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 – Who Said So? 1:00 – Put feet up, relax to quiet music 2:15 – Music and More with Marti 3:00 – Reminiscing and Coffee and Afternoon Stretch 3:30 – Woodworking and Flowers 4:00 – Golf and Bowling 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Reading Corner 10:30 – Pet Therapy 11:00 –Wednesday Word Search 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 –Let’s Make Smores 3:30 – Wii Wednesday 4:00 – Wednesday Afternoon Bingo 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:15 – Catholic Communion/PDR 1:00 – Put feet up and relax to Quiet Music 2:00 – Reminiscing with Coffee 2:15 – Music of the Masters with Marti 3:00 – Book review with Marti/SR 3:30 – Afternoon Stretch to the Music 4:00 – From Brush to Canvas 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Card Making with Tracy 11:00 –Darts and Dominos 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Card Club 3:30 – Afternoon Stretch to the Music 3:30 –Happy Hour with Marti Ruiz/BL 4:30 – Shabbat/SRD 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Hand Massages and Reminiscing 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 2:30 – Afternoon Stretch to the Music 3:00 – Bingo Bash 3:30 – Saturday Word Search 4:00 – Table Games 6:30 – After Dinner Movie or TV News 6:30 – Evening Stroll | | |
| 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Pokeno and Darts 11:00 – Let’s Do Bingo Shopping at the Country Store 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 3:00 – Worship with Pastor Jill/ SR 3:30 – Afternoon Stretch 4:00 – Table Games and More 6:30 – Evening Stroll or News Time | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Reading Corner 10:30 –Morning Word Search 11:00 – Stress Free Mondays 1:00 – Put feet up, relax to quiet music 2:00 –Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 – Today’s Trivia 3:30 – Creative Workshop/Tied Blankets 4:00 – Bowling and Darts 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 – January Noodle Crunchers 1:00 – Put feet up, relax to quiet music 2:15 – Music and More with Marti 3:00 – Martin Luther King Presentation/SR 3:30 – Reminiscing, Coffee and Afternoon Stretch 4:00 – Tuesday Trivia 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Reading Corner 10:30 – Pet Therapy 11:00 –Wednesday Word Search 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 –Lets Make Fruit Parfaits 3:30 – Wii Wednesday 4:00 – Wednesday Afternoon Bingo 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Music of the Masters with Marti 11:15 – Morning Word Search 1:00 – Dallas Museum of Arts 2:00 –Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 – Randy on the Guitar 3:30 – Table Games and Darts 4:00 – From Brush to Canvas 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 – Busy Boxes 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 –Card Club 3:30 – Afternoon Stretch to the Music 3:30 –Happy Hour with Johnnie Sax/BL 4:30 – Shabbat/SRD 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Hand Massages and Reminiscing 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 2:30 – Afternoon Stretch to the Music 3:00 – Saturday Word Search 3:30 – Bingo Bash 4:00 – Book Readings by Lilly/SR 6:30 – After Dinner Movie or TV News 6:30 – Evening Stroll | | |
| 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Balloon Volleyball 11:00 – Let’s Do Bingo Shopping at the Country Store 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 3:00 – Worship with Park Central Baptist church/ SR 3:30 – Afternoon Stretch 4:00 – Table Games and More 6:30 – Evening Stroll or News Time | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Reading Corner 10:30 –Morning Word Search 11:00 –Let’s Make Chinese New Year Fans 1:00 – Put feet up, relax to quiet music 2:00 –Reminiscing and Coffee 2:30 – Afternoon Movie Out 3:00 – It’s a Puzzling Afternoon 3:30 – Creative Workshop/Stained Glass 4:00 – Alphabet Game 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 – Around the World 1:00 – Put feet up, relax to quiet music 2:15 – Music and More with Marti 3:00 – Hymn Sing with Pastor Jill/SR 3:30 –Reminiscing and Coffee and Afternoon Stretch 4:00 – Who am I? 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Reading Corner 10:30 – Pet Therapy 11:00 –Wednesday Word Search 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Fancy Hat Tea Party with Jean 3:00 – Afternoon Stretch to the Music 3:30 – Wii Wednesday 4:00 – Wednesday Afternoon Bingo 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Music of the Masters with Marti 11:15 – Catholic Communion/PDR 1:00 – Put feet up and relax to Quiet Music 2:00 – Reminiscing and Coffee 2:30 – Afternoon Stretch to the Music 3:00 – ELVIS is in the Building/BR 3:30 – Wheel of Fortune with Ilene 4:00 – From Brush to Canvas 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 –Reel to Real 1:00 – Put feet up, relax to quiet music 2:00 – Reminiscing and Coffee 2:30 – Card Club 3:30 – Afternoon Stretch to the Music 3:30 –Happy Hour with Norris Perry/BL 4:30 – Shabbat/SRD 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Hand Massages and Reminiscing 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 2:30 – Afternoon Stretch to the Music 3:00 – Mike on the Accordion/BL 3:30 – Saturday Word Search 4:00 – Bingo Bash 6:30 – After Dinner Movie or TV News 6:30 – Evening Stroll | | |
| 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Word Games 10:30 – Dominos and Scrabble 11:00 – Let’s Do Bingo Shopping at the Country Store 1:00 – Put feet up, relax to quiet music 2:00 – Afternoon Social Hour 3:00 – Worship with Loyd Chumbley /SR 3:30 – Afternoon Stretch 4:00 – Table Games and More 6:30 – Evening Stroll or News Time | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 – Coffee Break and Reading Corner 10:30 –Morning Word Search 11:00 – Stress Free Mondays 1:00 – Put feet up, relax to quiet music 2:00 –Reminiscing and Coffee 2:00 – Scenic Ride to White Rock Lake 2:30 – Afternoon Stretch to the Music 3:00 – Dominos and Card Games 3:30 – Creative Workshop/Wood Creations 4:00 – Scrabble and Puzzling 6:30 – After Dinner Movie, News or Stroll | 9:00 – Morning Pampering 9:30 – Sit and Stretch/Morning Stroll 10:00 –Coffee Break and Book Corner 10:30 – Morning Word Search 11:00 – Dominos and Card Games 1:00 – Put feet up, relax to quiet music 2:15 – Music and More with Marti 3:00 –Table Topic Discussion /Debbie/AR 3:30 – Reminiscing and Coffee and Afternoon Stretch 4:00 – Magazine Collages 6:30 – After Dinner Movie, News or Stroll | <h1 style="margin: 0;">January 2012</h1> <p style="margin: 0;">“Remembering the Past....Improving the Future”</p> <p style="margin: 0;">Aster Community Calendar!!</p> <p style="margin: 0;">Family Members Please Mark your Calendar....Last Monday Evening of every month....6:45pm”Memory Care Support Group” at the Windsor!!!</p> | | | | | |

Windsor Senior Living, 7750 LBJ Freeway, Dallas, TX 75251

“Shear Heaven Salon” at the Windsor. Open Tuesday – Friday 9:30 – 7:00 Saturday 9:00 – 3:00