"Diabetes Awareness Month"

March 2011

Windsor Senior Living Independent and Assisted Living Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 2:30 – Afternoon Social Time Come by for Popcorn / AR 3:00 – Person, Place or Thing Trivia - AR 6:30 – Senior Topics Forum / AR	**2** 10:00 – Sittersize 10:30 – Mind Aerobics / Trivia BL 11:00 – Senior Fitness / SR 1:30 – Wal-Mart 3:00–Texas Wine &Cheese Tasting Party. Special guest speaker, Ed Owens , Dallas Historical Society Speaking on "Texas History That You Should Know But Don't"/ BL 6:30 – Movie of Your Choice / AR	**3** 9:30 – Tour of Texas Hall of State 10:00 – Sittersize 10:30 – Muffins and Manicures Coffee / BL 11:00 – Flower Arranging /BL 1:30 – Movement Disorder Dance Group / BR 2:30 – Afternoon Social Time / AR 3:00 – Bingo Madness / AR 6:30 – "The Sound of Music" / AR	**"4** 8:30 – Breakfast at I-Hop 10:00 – Sittersize 10:00 –" Gentleman's Round Table" with Dr. Alan Pickering / AR 10:30 – Pokeno in the BL 11:00 – Senior Fitness /SR 3:30 – Happy Hour with the Douboys" 4:30 – Shabbat Service	**5** 10:00 – Stroll Patrol 11:00 – Senior Fitness / SR 2:30 – Games Galore / BR 3:00 – Bingo Bash / BL **4:00 – 123rd Anniversary of Annual World Day of Prayer. Meet in the Sunroom to share a Devotional & Prayer Time with Cathy Spano** 6:30 – Movie of Your Choice
6 10:00 – Stroll Patrol 1:30 – Game Time– AR 3:00 – Worship with Pastor Jill – SR 4:00 – Sunday Pokeno 6:30 – Movie of your Choice	**7** 10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 10:30 – Dominos in the BL 11:00 – Senior Fitness / SR 2:30 –Afternoon Social Time …Join us for Coffee/ BL 3:00 – Bow Making Class with Lilly BL 6:30 – After Dinner Bingo / AR	**8** 10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 10:30 – Around the Piano with Carl 12:00 – 1:30 - Mardi Gras Celebration: "Taste of New Orleans, Windsor Style", Jazz Band and Beads!!!! AL DR 3:00 – **International Women's Day** Presentation by Jill Johnson / AR	**9** 10:00 – Sittersize 10:30 – Activity Planning Meeting AR 10:30 – Men's Pool and Coffee Time with the Jesuits Guys / BL 11:00 – Senior Fitness / SR 1:30 – Target 2:30 – Hand Massages and Social Time…Join us for Popcorn / AR 3:30- Wednesday Movie Matinee In the Activity Room	**10** 9:00 – Life Line Screenings 10:00 – Sittersize 11:30 – 1:00 - Lunch and Learn Catherine Tiseo - Dietician BR 1:30 – Movement Disorder Dance Group / BR 3:30 – Book Review with Marti SR 6:30 – Movie of your Choice / AR	**11** 9:30 – McKinney Downtown and Lunch Out 10:00 – Sittersize 10:00 – "Gentleman's Round Table" with Dr. Alan Pickering / AR 10:30 – Pokeno in the BL 11:00 – Senior Fitness / SR 3:30 – Happy Hour with Walker and Adams 4:30 – Shabbat Service	**DAYLIGHT SAVINGS TIME!!** **12** 10:00 – Stroll Patrol **11:00 – Senior Fitness / SR NATIONAL JEWEL DAY!!!!!** **2:00 – Afternoon Tea / "Recycle Dove" Jewelry Show / 9th Floor Living Room** 2:30 – Games Galore / BL 3:30 – Bingo Bash / BL 6:30 – Movie of Your Choice
13 10:00 – Stroll Patrol 2:30 – Game Time– AR 3:00 – Sunday Pokeno / AR 6:30 – Movie of your Choice	**14** 10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Russell Houston, Cellist from Texas Winds Kids to perform in the Bar Lounge – Come Join Us! 11:00 – Senior Fitness / SR 2:30 –Afternoon Social Time / AR 3:00 – Afternoon Movie and Popcorn / AR 4:00 – Town Hall Meeting / BR	**15** 10:00 – Sittersize 10:30 –Mix and Mingle with Coffee and Muffin's 11:30 – Lunch Out / TBA 1:30 –Kick off March Madness Games and Popcorn all day in the AR 2:30 – Afternoon Social Hour / BL 3:00 –Cooking with Kari / BL 6:30 – Movie of your Choice / AR	**16** 10:00 – Sittersize 10:30 – Current Events with Jean AR 11:00 – Senior Fitness / SR 1:30 – Wal-Mart 2:30 – Afternoon Social Time Come join us for Popcorn / AR 3:30 – Wednesday Movie Matinee in the Activity Room	**17** 10:00 – Sittersize 10:00 – Akiba Academy Preschool Performance / Front Lobby 11:00 – Flower Arranging / BL 1:00 – HWN Jewelry Repair / ALDR 1:30 – Movement Disorder Dance Group / BR 2:00 – LUCK OF THE IRISH: Join us for a St. Patty's Day Celebration! Irish Coffee & Dessert Party! Come See the" Emerald School of Irish Dancers" Perform!!! / BR	**18** 9:30 – Trip to the Library 10:00 – Sittersize 10:00 – "Gentleman's Round Table" with Dr. Alan Pickering / AR 10:30 – "Cook's Corner" / Let's Make Happy Hour Hors d'oeuvres BL 11:00 – Senior Fitness /SR 3:30 – Happy Hour with Johnnie 4:30 – Shabbat Service	**19** 10:00 – Stroll Patrol 11:00 – Senior Fitness / SR **2:30 – "Meet and Greet" with Carol -SR** 3:30 – Bingo Bash / BL 6:30 – Movie of Your Choice
Spring Begins!! **20** 10:00 – Stroll Patrol 1:30 – Game Time– AR 3:00 – Worship with Pastor Jill – SR 4:00 – Sunday Pokeno / AR 6:30 – Movie of your Choice	**21** 10:00 – Sittersize 10:00 – Girl Scout Cookies and Milk Party – Richardson Children's Literacy Group / Storytelling of Dr. Suess Books by various Residents 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Senior Fitness / SR 2:30 –Painting with Julie / BL 3:30 – Chicken Trail and Farkel with DeeDee and Nancy / BL	**22** 10:00 – Sittersize 10:30 – Spring Skin Care by Debra and Gigi, Shear Heaven Salon and Spa .Non Surgical Liquid Face Lift Demonstration. 2:30 – Afternoon Social Time/ Let's do Root Beer Floats / BL 3:00 – Dominos, Scrabble and Pool BL 6:30 – Movie of your Choice / AR	**23** 10:00 – Sittersize 10:30 – "Cook's Corner" / Spring Recipe Swap. Let's prepare one of them / BL 11:00 – Senior Fitness / SR 1:30 – Target 2:30 – Afternoon Social Time / Come Join us for Popcorn / AR 3:30 – Wednesday Movie Matinee in the Activity Room	**24** 10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 11:00 – Flower Arranging /BL 11:00 – Dallas Jewish Historical Society Film Program / BR 1:30 – Movement Disorder Dance Group / BR 2:30 – Afternoon Social Time / AR 3:00 - Brown Bag Bingo / AR 6:30 – Movie of your Choice / AR	**25** 9:30 – Estate Sales and Lunch Out 10:00 – Sittersize 10:00 – "Gentleman's Round Table" with Dr. Alan Pickering / AR 10:30 – Pokeno in the BL 11:00 – Senior Fitness /SR 11:30 – Hadassah Luncheon / BR 3:30 – Happy Hour with George Romano 4:30 – Shabbat Service	**26** 10:00 – Stroll Patrol 11:00 – Senior Fitness / SR **11:30 – Ladies Spring Brunch Fellowship Dallas Church - $5.00 each** 2:30 – Games Galore / BL 3:30 – Bingo Bash / BL 6:30 – Movie of Your Choice
27 10:00 – Stroll Patrol 2:30 – Game Time– AR 3:00 – Sunday Pokeno / AR 6:30 – Movie of your Choice	**28** 10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Senior Fitness / SR 2:30 –Afternoon Social Time / BL 3:00 – Japanese Flower Arranging with Nan / BL 4:00 – Scrabble and Dominos / BL 6:30 – After Dinner Bingo	**29** **NATIONAL WALK IN THE PARK DAY!!** 9:30 – Shopping Trip to CVS, Walgreens and Dollar Tree 10:00 – Sittersize 10:30 – Muffins and Coffee in the Courtyard /BL 2:30 – Ice Tea in the Gazebo by SR 3:30 – Hymn Sing with Pastor Jill SR 6:30 – Movie of your Choice / AR	**30** 10:00 – Sittersize 10:30 – Recap of Next Month's Calendar / Coffee in BL 11:00 – Senior Fitness / SR 1:30 – Wal-Mart 2:30 – Afternoon Social Time Come Join us for Coffee / AR **NATIONAL QUILTING MONTH!!!** 3:30 - Creative Workshop – Let's Start a Quilt / AR	**31** 10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 11:00 – Flower Arranging / BL 1:30 – Movement Disorder Dance Group/ BR 2:30 – Afternoon Social Time /AR 3:00 – "Fruit" Bingo / AR 4:00 – Recap of Next Month's Calendar / AR 6:30 – Movie of your Choice / AR	AR – Activity Room SR – Sunroom BL – Bar Lounge BR – Ball Room All Activities are Subject to Change

Windsor Senior Living, 7750 LBJ Freeway, Dallas, TX 75215

"Shear Heaven Salon" at the Windsor. Open Tuesday – Friday 9:30 – 7:00, Sat 9-3. Full Service Salon.