

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2011

## Aster Community Calendar

### Remembering the Past...Improving the Future!!!!

							<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>2:00 – Afternoon Social Hour</p> <p>1:00 – Put Feet up, relax to Quiet Music</p> <p>3:00 – Saturday Life Skills</p> <p>4:00 – Bingo Madness</p> <p>5:00 – Get Ready for Dinner</p>
<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Worship with Pastor Jill / BL</p> <p>4:00 – Coupon Clipping and Coffee</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Table Top Games</p> <p>3:30 – Easy Listening Guitar Music/Sunroom</p> <p>5:00 – Prepare for Supper</p> <p>6:30 – After Supper TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Music and More with Marti</p> <p>3:00 – Afternoon Social Hour</p> <p>4:00 – Afternoon Bingo</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Supper TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Painting Creativity</p> <p>4:00 – Scrabble and Chicken Train</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Randy T. on the Guitar</p> <p>4:00 – Magazine Collage</p> <p>5:00 – Get Ready for dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading , Reminiscing and Resident Spotlight</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:30 – Happy Hour / BL</p> <p>4:30 – Shabbat Services</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Saturday Life Skills</p> <p>4:00 – Bingo Madness</p> <p>5:00 – Get Ready for Dinner</p>	
<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Sunday Movie Matinee/ Movie of your Choice</p> <p>4:00 – Coupon Clipping and Coffee</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour / Celebrate Elvis Presley's Birthday with Peanut Butter Sauce Sundaes / BL</p> <p>3:30 – Bowling and Dominos</p> <p>5:00 – Prepare for Dinner /After Dinner TV News</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Music and More with Marti</p> <p>3:00 – Afternoon Social Hour</p> <p>4:00 – Afternoon Bingo</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Supper TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Painting Creativity</p> <p>4:00 – Scrabble and Chicken Train</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Checkers and Tic Tac Toe</p> <p>3:30 – Book Review / Sunroom</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading , Reminiscing and Resident Spotlight</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:30 – Happy Hour</p> <p>4:30 – Shabbat Services</p> <p>5:00 – Prepare for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Saturday Life Skills</p> <p>4:00 – Bingo Madness</p> <p>5:00 – Get Ready for Dinner</p>	
<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Worship with Pastor Jill / BL</p> <p>4:00 – Coupon Clipping and Coffee</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Creative Workshop</p> <p>4:00 – Old Time Favorite Singing</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Music and More with Marti</p> <p>3:00 – Afternoon Social Hour</p> <p>4:00 – Afternoon Bingo</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Supper TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Painting Creativity</p> <p>4:00 – Scrabble and Chicken Train</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Mind Teasers and Word Search</p> <p>4:00 – Afternoon Movies and Popcorn</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading , Reminiscing and Resident Spotlight</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:30 – Happy Hour</p> <p>4:30 – Shabbat Services</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Saturday Life Skills</p> <p>4:00 – Bingo Madness</p> <p>5:00 – Get Ready for Dinner</p>	
<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Sunday Movie Matinee/ Movie of your Choice</p> <p>4:00 – Coupon Clipping and Coffee</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Iris Singers/ Front Lobby</p> <p>4:00 – Afternoon Movie</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Music and More with Marti</p> <p>3:00 – Afternoon Social Hour</p> <p>3:30 – Afternoon Hymn Sing with Pastor Jill/AR</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Supper TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Painting Creativity</p> <p>4:00 – Dominos or Checkers</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour / Let's Make Chocolate Dipped Fruit</p> <p>3:30 – Brown Bag Bingo</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading , Reminiscing and Resident Spotlight</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:30 – Happy Hour</p> <p>4:30 – Shabbat Service</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Saturday Life Skills</p> <p>4:00 – Bingo Madness</p> <p>5:00 – Get Ready for Dinner</p>	
<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour</p> <p>3:00 – Sunday Movie Matinee/ Movie of your Choice</p> <p>4:00 – Coupon Clipping and Coffee</p> <p>5:00 – Get Ready for Dinner</p>	<p>9:00 – Sit and Stretch/Morning Stroll</p> <p>9:30 – Morning Pampering</p> <p>10:00 – Coffee Break / Bread Baking</p> <p>10:30 – Reading and Reminiscing</p> <p>11:30 – Preparing for Lunch</p> <p>1:00 – Put feet up, relax to quiet music</p> <p>2:00 – Afternoon Social Hour / Warm Bread and Butter</p> <p>3:30 - Crossword Puzzles and Word Search</p> <p>5:00 – Get Ready for Dinner</p> <p>6:30 – After Dinner TV News / Movie</p>	<p><b>“National Eye Care Month”</b></p> <p>All Activities are subject to Change</p>					