

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are Subject to Change!!!!</p> <p><b>Heart Healthy Month!!!!!!</b></p>		<p><b>1</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 2:30 – Afternoon Social Time / Stop by for Popcorn / AR 3:00–Manicures and Chit Chat/AR 4:00 – Creative Workshop 6:30 – Senior Topics Forum : Guest Speaker Cindy from Senior Fitness “Healthy Heart Exercise”</p>	<p><b>2</b></p> <p>10:00 – Sittersize 10:30 – Let’s Share Old Photos AR 11:00 – Senior Fitness / SR 1:30 – Target 2:30 –Afternoon Social Time Coffee Bar Open /AR 3:00 – Ground Hog Day Trivia/AR 4:00 – Scrabble / AR <b>GROUNDHOG DAY</b></p>	<p><b>3</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Coffee and Muffins / BL 11:00 – Flower Arranging BL 3:00 – Chinese New Year Celebration / BL COME JOIN THE FUN!!!! 6:30 – Movie of your Choice AR</p>	<p><b>4</b></p> <p><b>NATIONAL WEAR RED DAY!!! Support Heart Health Awareness!</b> 8:30 – Breakfast at IHOP 10:00 – Sittersize 10:30 – Dominos in the AR 11:00 – Senior Fitness /SR 3:30 – Happy Hour / The Douboys with the Ukuleles! 4:30 – Shabbat Service</p>	<p><b>5</b></p> <p>10:00 – Stroll Patrol – meet at front desk and let’s <b>WALK FOR OUR HEART SAKE!!!!FREE WATER BOTTLES FOR ALL WHO WALK!!!!</b> 11:00 – Senior Fitness / SR 2:30 – Games Galore / AR 3:00 – Bingo Bash / AR 6:30 – Movie of Your Choice</p>
<p><b>6</b></p> <p><b>SUPER BOWL SUNDAY TAILGATE PARTY!! 5:00</b> AL Dining Room 10:00 – Stroll Patrol 1:30 – Game Time / AR 3:00 – Worship with Pastor Jill / SR 5:17 – Super Bowl Kickoff / AR</p>	<p><b>7</b></p> <p>10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Senior Fitness / SR 2:30 –Afternoon Social Time Coffee Bar Open / AR 3:00 – Farkle with Nancy 4:00 - Creative Workshop</p>	<p><b>8</b></p> <p>9:45 - Richardson Literacy Kids come to Make Valentines / AR 10:00 – Sittersize 2:30 – Afternoon Social Time / Stop by for Popcorn / AR 3:00 – Hand Massages and Old Movies / AR 4:00 – Let’s Make Valentines AR</p>	<p><b>9</b></p> <p>10:00 – Sittersize 10:00- Activity Planning Meeting/BL 10:30 – Men’s Pool and Coffee with the Jesuit Guys 11:00 – Senior Fitness / SR 1:30 – Wal Mart 2:30 – Afternoon Social Time Coffee Bar Open / AR 3:00- Chicken Trail with DeeDee 4:00 – Resident’s Newsletter Meeting / AR</p>	<p><b>10</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Coffee and Muffins / BL 11:00 – Flower Arranging /BL 3:30 – Book Review with Marti / SR 5:30 – Valentine Dinner Dance New Horizons Jazz Band / BR</p>	<p><b>11</b></p> <p>10:00 – Sittersize 10:00 – Jesuit Valentine Bingo Party 11:00 – Senior Fitness / SR 3:30 – Happy Hour with Walker and Adams 4:30 –Shabbat Service</p>	<p><b>12</b></p> <p>10:00 – Stroll Patrol 11:00 – Senior Fitness SR 2:30 – Games Galore AR 3:00 – Bingo Bash / AR 6:30 – Movie of Your Choice / AR</p>
<p><b>13</b></p> <p>10:00 – Stroll Patrol 1:30 – Game Time / AR 2:30 – Coupon Clipping and Pokeno / AR 6:30 – Movie of your Choice / AR</p>	<p><b>14</b></p> <p>10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Senior Fitness / SR 2:30 – Cherry Festival / AR 3:00 – Valentine Bingo / AR 6:30 – Movie “Somewhere in Time” AR <b>VALENTINE’S DAY</b></p>	<p><b>15</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 12:00 – 1:30 – Lunch and Learn “Heart Healthy Living” - BR 3:00 – Cooking Soul Food with Kari BL 6:30 – After Dinner Bingo / AR</p>	<p><b>16</b></p> <p>10:00 – Sittersize 10:00 – Viola Duo in the Coffee Bar – Come join us. 11:00 – Senior Fitness / SR 1:30 – Target 2:30 – Afternoon Social Time Coffee Bar Open / AR 3:00-Phase 10 with Steve/AR 4:00 – Creative Workshop</p>	<p><b>17</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Coffee and Muffins / BL 11:00 – Flower Arranging /BL 1:00 - HWN Jewelry Repair / AL Dining Room 2:30– Afternoon Social Time / Stop by for Popcorn /AR 3:00 – Brown Bag Bingo / AR 6:30 – Jr. League of Dallas Musical Concert &amp; Dessert Party / BR</p>	<p><b>18</b></p> <p>9:30 – Estate Sales / Lunch at Highland Park Pharmacy 10:00 - Sittersize 10:30 – Dominos and in the AR 11:00 – Senior Fitness /SR 3:30 – Happy Hour with Norris Perry 4:30 – Shabbat Service</p>	<p><b>19</b></p> <p>10:00 – Stroll Patrol 11:00 – Senior Fitness SR 2:30 – Games Galore AR 3:00 – Bingo Bash / AR 6:30 – Movie of Your Choice /AR</p>
<p><b>20</b></p> <p>10:00 – Stroll Patrol 1:30 – Game Time /AR 3:00 – Worship with Pastor Jill / SR 6:30 – Movie of your Choice / AR <b>PRESIDENTS DAY</b></p>	<p><b>21</b></p> <p>10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Senior Fitness/SR 2:30 –Painting with Julie / BL 3:30 – Presidential Trivia / BL 4:00 – Town Hall Meeting BR</p>	<p><b>22</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Muffins and Coffee / BL 11:00 – Ladies Lunch Bunch Olive Garden 2:30 – Afternoon Social Time /Stop by for Popcorn / AR 3:30 – Hymn Sing with Pastor Jill SR</p>	<p><b>23</b></p> <p>10:00 – Sittersize 10:30 – Around the Piano with Carl 11:00 – Senior Fitness/SR 1:30 – Target 2:30 – Afternoon Queso and Conversation / AR 3:00 – Used Book Swap / AR 4:00 – Creative Workshop/AR</p>	<p><b>24</b></p> <p>10:00 – Sittersize 10:30 – Mix and Mingle with Coffee and Muffins / BL 11:00 – Flower Arranging /BL 2:30 – Afternoon Social Time / Stop by for Popcorn / AR 3:00 – Blankets for Babies AR 6:30 – Andy Griffith Movie Night AR</p>	<p><b>25</b></p> <p>9:30 – Shopping Trip to Snider Plaza / Lunch Out 10:00 - Sittersize 10:00 – Dominos in the AR 11:00 – Senior Fitness /SR 3:00 – “An Oscar Worthy Afternoon” - Special Celebrity Appearance along with Johnnie on the Sax 4:30 – Shabbat Service</p>	<p><b>26</b></p> <p>10:00 – Stroll Patrol 11:00 – Senior Fitness SR 2:30 – Games Galore AR 3:00 – Bingo Bash / AR 6:30 – Movie of Your Choice/ AR</p>
<p><b>27</b></p> <p>10:00 – Stroll Patrol 1:30 – Game Time / AR 2:30 – Coupon Clipping and Pokeno / AR <b>OSCAR WATCH PARTY Time to be announced!!!</b></p>	<p><b>28</b></p> <p>10:00 – Sittersize 10:30 – Weekly Couponing Tips with Jean / AR 11:00 – Senior Fitness / AR 3:00 – Iris Singers / Front Lobby 4:00 – Recap of Next Month’s Calendar / Coffee in the AR</p>	<p><b>February 2011</b></p> <p><b>Windsor Senior Living Independent and Assisted Living Community Calendar</b></p>				